



GOVERNOR'S ADVISORY COUNCIL ON AGING

**Meeting Minutes
January 8, 2016
1:00 p.m. to 3:00 p.m.
Arizona State Capitol Executive Tower
Third Floor Conference Room
1700 West Washington Street
Phoenix, Arizona 85007**

Council Members, Liaisons, and Participants Present

Becky Brimhall-Lepire (Chair), Andrew Compton, George A. Evanoff (Secretary), Jeff Fleetham, Deborah Hankerd, Diane Joens, Doyle Meredith, Melinda Preston, Trudy Schuett, C.T. Wright, Cydney DeModica, Jay Dunkleberger, Kristin Fray, Olivia Guerrero, Ronald Moore, Amilyn Pierce, Babak Nayeri, and Cindy Saverino

Council Members Absent

Patsy Gillis, Lisa O'Neill (Vice Chair)

Council Staff Present

Cathy De Lisa, Lizette Cordero

Guests Present and Signing In

Christine Bryson-Lazo, Mary Busch, Courtney McKinstry, Michele Michaels, Edith Thomas, and Shawn Trobia

Call to order, welcome, review & approval of November 6, 2015 draft meeting minutes

Council Chair Becky Brimhall-Lepire called the meeting to order at 1:00 p.m. with a welcome and introductions then called for a review of the November 6, 2015 draft meeting minutes. *Deborah Hankerd made a motion to approve the draft minutes as presented; Trudy Schuett seconded the motion. The motion passed unanimously*

Updates

Amilyn Pierce and Courtney McKinstry provided updates on the work of the office of Attorney General Mark Brnovich highlighting outreach on prevention of senior scams and senior abuse and education on life care planning. According to Ms. McKinstry, legislation is being introduced this session that would arm prosecutors and eliminate loop holes on telephone solicitation scams. The office is working to stop Arizona from being a boiler room for scams, fraud or exploitation.

A copy of the Life Care Planning Packet, the Attorney General's request for presentations flyer, magnet, and Task Force Against Senior Abuse (TASA) flyer are available from the Governor's Advisory Council on Aging office.

Discussion – dashboard updates & planning for 2016

At the invitation of the GACA Chair, Executive Director, Cathy De Lisa reviewed updates made to the dashboard that reflect progress made by the group in 2015. According to Ms. De Lisa, in order to align with the LEAN initiative, the Council would need to revisit and clearly define who are the Council's customers and how can the Council better serve them.

A link to the dashboard displayed and discussed is available through the Governor's Advisory Council on Aging office.

Liaison Reports

Arizona Association of Area Agencies on Aging (AZ4A) – Olivia Guerrero reported:

Region I - The DOVES program received funding from the Victims of Crime Act (VOCA) through the Department of Public Safety. The additional allocations allowed for a newly created position of DOVES Community Outreach Manager. This position will focus on working with domestic violence and sexual assault victims in the community providing expanded case management, additional support groups and the recruitment of additional volunteers. On February 1, 2016, the Agency will begin its 5th year providing Care Transitions services through its Healing @ Home program with ongoing funding from CMS. This program has continually been recognized, nationally, as a top performer serving to date, 11,196 Medicare beneficiaries at high risk for hospital readmission and reducing the readmission rate for those who enroll in the program by 34.2%.

Region II – In the last quarter of the year, SHIP program served almost 2,000 individuals during open enrollment. Pima Council on Aging hosted four Medicare conferences around the County, and this year the New to Medicare workshops offered will double. Work will also continue on developing a Collaborative Community Kitchen. There is a new vendor for both, the congregate and home delivered meals. Pima Council on Aging has entered into a contract with Cenpatico Integrated Care to develop and support a community prevention coalition for the purpose of reducing older adult medication misuse, abuse and diversion. Nationally renowned social worker, Paige Hector, volunteered her time to lead the End of Life Care Coalition held in December 2015 with 80 participants on advance care planning. The coalition has a goal of 500 End of Life plans to be completed by the end of June 2016.

Region III – NACOG'S Medicare/Benefits Counseling Program served 3 times the number of clients during open enrollment this year over the last year. Due to the new staff and volunteers, the reorganization has successfully served many more clients in need of assistance.

Region IV – In 2015 with the help of dedicated volunteers, the SHIP team held 15 open enrollment events and assisted over 800 individuals throughout the region. Due to the growing complexity of the Medicare system there is a greater demand for services offered by the SHIP team. Although Medicare open enrollment is now closed, our Benefit Counselors continue to assist with questions and concerns through in-person appointments. There have been continued strides made with the Get Healthy program, involving various communities from the area and volunteers. The successful implementation of Cooking Matters, HealthRHYTHMS, and Super Noggin in City Nutrition Center

has offered various techniques to improve brain health. Upon hosting HealthRHYTHMS Training, there has been a growing interest. This is a recreational, music making drumming program, which promotes health and social interaction, reduces stress and empowers individuals to take an active role in improving their health. Walk with Ease will make its debut soon; currently, there are six volunteers being trained to become facilitators of the program. Upon completion of the training, the program will be implemented throughout the region.

Region V – During Medicare Open Enrollment, PGCSC assisted over 1,287 persons and conducted 27 community enrollment events throughout Pinal and Gila counties. In November, PGCSC partnered with the AARP, Seeds of Hope (a faith-based organization), and Cenpatco Integrated Care co-sponsored the ABC's of Medicare workshop. This allowed seniors the opportunity for a more detailed and lengthy information exchange. Pinal and Gila counties were divided into two Regional Behavioral Health Authorities this past year; beginning October 1, 2015. The Department of Health Services chose Cenpatco Integrated Care for the Regional Behavioral Health Authority for Pinal County and Health Choice Integrated Care HCIC received the contract for Gila County.

Region VI – On December 16, 2015, SEAGO/Area Agency on Aging Region VI hosted its First Volunteer Appreciation Day to celebrate/honor their dedication and hard work.

A complete copy of the Arizona Association of Area Agencies on Aging Report is available at the Governor's Advisory Council on Aging office.

Arizona Department of Economic Security – Cindy Saverino reported on:

- 2016 Aging priorities for the Division of Aging and Adult Services,
- Adult Protective Services staff working hard to decrease caseloads in both urban and rural areas; increased staffing result of Governor's funding,
- The Lean Initiative and how DAAS staff are busy developing their scorecards, and
- The 2016 SHIP grant is moving forward, now routed internally for review.

Arizona Department of Health Services – Babak Nayeri reported:

- Falls are responsible for unintentional injuries and #1 cause of death in persons 65 years of age and older;
- State Falls Prevention Coalition is seeking members statewide; and
- Department is seeking funding opportunities related to evident-based falls prevention programs (like Tai Chi pilot) and Alzheimer's disease.

Arizona Department of Insurance (ADOI) – No representative was in attendance.

Arizona Department of Transportation (ADOT) – Cydney Demodica reported:

- The Department has a hotline for weather conditions,
- Current Arizona driver's licenses have been approved as federally-compliant travel ID through 2020. The new travel ID card will be introduced this year and will be valid for five years.
- The Strategic Highway Safety Plan has the age-related task force working to decrease fatalities by 5 percent. The Drive Fit program and impact of technology in new cars that adjusts to the driver automatically is being considered.

- The physician's reporting form, created in partnership with GACA, is posted on the ADOT website and it is being used.

Arizona Department of Veterans' Services (ADVS) – Kristin Fray, Admissions Coordinator, Arizona State Veterans' Home reported:

Veterans Day Celebrations were held at many locations

- Director of ADVS, Col Wanda Wright, attended the Anthem Veterans Day Ceremony
- The ASVH – T celebrated Veterans Day with a delicious lunch and an outdoor program to commemorate the occasion.
- The ASVH P celebrated its 20th Anniversary on Veterans Day (November 11). Veterans participated in a BBQ and watched the parade. Three Korean War Veterans participated in the parade and rode on the float.
- The fifth Anniversary of the MANA House was celebrated November 18 ("MANA" stands for Marines, Army, Navy, Air Force and they provide transitional housing for homeless veterans)

Arizona State Veteran Home – Phoenix

- Veterans at the home enjoyed a variety of holiday events. Multiple service organizations worked together to "adopt" each veteran at the holiday season and each veteran received the holiday gift of their choice.
- The Veterans Medical Leadership Council has donated funds to purchase an aviary for Memory-care veterans, a media center for veterans, and renovate a space into a 50's diner.

Arizona State Veteran Home – Tucson

- Veterans enjoyed a variety of special holiday events and visits from service organizations.
- Veterans have been active in planning recreational events, by requesting many community outings and a "Pizza and Beer" party.

Arizona State Veteran Home – Yuma

- This continues to be a developing project with a goal of 2018

Veteran Cemeteries Update

- The Marana Cemetery Dedication will be held on March 26, 2016.
- The Camp Navajo Dedication will remain on June 4, 2016.
- December 12 was the annual Wreaths across America ceremony, where thousands of wreaths are placed on the graves of veterans in the National Cemeteries across the country.
- Arizona Health Care Cost Containment System/AHCCCS
- Arizona Indian Council on Aging
- Attorney General's Office

Arizona Health Care Cost Containment System (AHCCCS) – Jay Dunkleberger reported:

- Administration simplification is ongoing – impacts aging population with behavioral health needs indirectly. AHCCCS now holds the contract; not the Arizona Department of Health Services/Division of Behavioral Health Services, starting 7/1;
- AHCCCS putting out Medicaid Long Term Care System contracts for Request for Proposal (RFP) – seeking public comment.
 - GACA has forms for public comment
 - Forums/schedules/agenda at http://www.azahcccs.gov/commercial/Downloads/EPDRFPYH18-Agenda_PhoenixForum_01142016.pdf
- Home & Community Based Services (HCBS) Rules review
 - New Centers for Medicare and Medicaid Services (CMS) rules better defining member rights on community integration and expectations for state Medicaid agencies
 - AHCCCS submitted assessment, proposal and plan to CMS
 - Beginning ‘Heightened Scrutiny’ phase
 - CMS allows some facilities that may not meet requirements to be reviewed by the state. AHCCCS found 70 of them – requires cite visits, review. Committee meeting to draft tool
- Department of Labor (DOL) Companionship exemption - going into implementation stage – essentially says in home care workers need to be paid travel, overtime under Labor laws. Providers looking at how this works.
 - AHCCCS drafting letter to members about this change, as it might impact them if they have a caregiver who works more than 40 hours, and their provider won’t pay overtime, may mean they need additional caseworkers.
- Direct Care Worker (DCW) Database e-mail - AHCCCS sent out an e-mail about the database
 - AHCCCS Direct care workers required to have training, certification.
 - Their records are loaded by their employer into a database so if they work for another employer, don’t need to do training again
 - Had implementation stage where providers encouraged to post records during testing, notice sent December reflects post implementation

Arizona Indian Council on Aging (AICOA) - President Ronald Moore reported: the Indian Council selected priorities items that include housing, Alzheimer’s and transportation. Mr. Moore also stated the September conference had 350 participants; a decreased number due to contracted services one month later. National Indian Council conference had Alzheimer’s focus by Banner Alzheimer’s Institute. AICOA is not having the 2016 conference in Arizona; delegates to go to Niagara Falls, New York in September. Modified senior games will be held in April at Ft. McDowell. AICOA will be participating in the January 19, 2016 Indian Nations and Tribes Legislative Day at the Capitol.

5 minute break

GACA Chair report

As part of her report, GACA Chair Becky Brimhall-Lepire welcomed Christina Corieri, the Governor's Policy Advisor for Health and Human Services. Ms. Corieri provided updates, offered to answer questions and reported that the Executive Budget would be released on Friday, January 15, 2016; talkers for social media to be shared with the group.

- Recommendations from the Executive Committee – According to the Chair, the group discussed:
 - 1.) the importance of having goals and objectives that are measurable and target the identified needs of GACA “customers,”
 - 2.) ideas for engaging public and private partners, and
 - 3.) importance of full GACA member engagement in 2016.
- Follow up discussions – Volunteers are still needed from the Marketing Ad Hoc Committee & GACA to assist with the booth at the 21st Annual Indian Nations and Tribes Legislative Day, January 19, 2016 from 8:30 a.m. to 1:00 p.m. Those willing and available are to contact Marketing Ad Hoc Chair Trudy Schuett.
- Overview of committee proposed recommendations, discussions and consensus on how to move forward – GACA Chair Becky Brimhall-Lepire facilitated a discussion on the proposed projects for the committees. Discussed as highlights for the Legislative and Policy Coordinating Committee were the expansion of the Silver Alert criteria to include a dementia diagnosis for those under 65 years of age and tracking of legislation. By general consensus of the GACA, the Aging in Community Committee's Alzheimer's Subcommittee would explore the virtual dementia tour, and the Transportation Subcommittee would determine how best to offer the transportation resource collected.

Executive Director's office updates

Executive Director Cathy De Lisa provided updates on the office initiatives including the transition of the Aging 2020 group to the State Plan on Aging and provided information on office operations. Ms. De Lisa invited assistance on building the distribution list, tracking of legislation and sharing of pertinent resources and information related to the *Legislative Update*.

Council member reporting & sharing

Deborah Hankerd reported copies of the newsletter from the Tombstone Senior Center were available on the meeting resource table.

Melinda Preston reported on change of leadership at the Justa Center impacting her volunteer service.

Call to the public

Mary Busch reported the State of Arizona has an oral health coalition that has developed a strategic plan and a bill has been created this session to restore the Arizona Long Term Care System adult dental benefit.

Adjourn

The meeting was adjourned by Council Chair Becky Brimhall-Lepire at 2:55 p.m.

NEXT MEETING: of the Governor's Advisory Council on Aging is scheduled March 11, 2016; location and time of this meeting to be confirmed and announced by public meeting notice posted at the GACA website: <http://govtrans.az.gov/gaca/>. These meetings are open to the public.